



Upcoming CPR Training Opportunities - October 22-23

Spots are still available! Nations Best CPR will be at the Facilities Services Complex providing CPR certification/re-certification classes on October 22nd and 23rd. Please let Training know if you're interested in joining this class by emailing FSTraining@utk.edu.

Unlock the Power of Collaboration

On Thursday, October 16, join OIT trainers and dive into workshops like “Beyond Teams: Apps and Project Management” and “File Management and Collaboration” to master tools that streamline teamwork and productivity. Learn how to leverage Microsoft Teams Premium and Outlook for seamless communication and project execution.

[Register to attend a workshop session](#) during the OIT Fall 2025 Training Day.

Reminder: Annual Compliance Training & Outside Interest Disclosure Deadlines Nearing

Don't forget! Outside Interest Disclosure forms need to be completed no later than October 1st. You can complete this within DASH. Annual Compliance Training should also be completed no later than October 31. If you have questions, see our Training team.

New Training Video: Chargeable Vs. Non-Chargeable for DASH Billing

Facilities Services provides many different services to campus, but only some of them are charged individually to the specific departments that requested them. The video linked [here](#) details what makes a work order chargeable, and how to specify that in DASH to ensure the work is billed properly. To view the current Facilities Services Service Statement, visit <https://tiny.utk.edu/FSServiceStatement>.

APPA Supervisor's Toolkit Coming to UTFS – October 13–16

The APPA Supervisor's Toolkit training is coming to UT Facilities Services October 13–16. This comprehensive course is designed to strengthen leadership skills and provide practical tools for supervisors working in facilities management. If you would like to recommend a supervisor to attend, please send their name(s) to FSTraining@utk.edu. Space is limited, so be sure to submit your nominations soon!



BUILDING SERVICES

- Ballroom carpets were cleaned and/or spot cleaned multiple times.
- Event room 362 had its carpet cleaned to remove stains.
- The auditorium carpet was spot cleaned to remove stains.
- The second-floor hallway carpet was spot cleaned by the auditorium.
- Stain removal was done in event room 262 on several occasions.
- The G1 dining area was dusted.
- The stairs in both phases were swept and mopped.
- IQ was used to scrub the floors in the dining area in phase 1.
- The auto scrubber was used to scrub the floors in the dining area of phase 2.
- The carpets at the Surplus building were vacuumed and cleaned.

FS OPERATIONS

MOVING & EVENT SERVICES

- No report received.

SUSTAINABILITY

- No report received

LANDSCAPE SERVICES

- No report received

MAINTENANCE & REPAIR

HOUSING

- Replacing all of the pop-offs at Magnolia. Getting ready for a couple large projects during fall break.

ATHLETICS

- Neyland Stadium. General maintenance and Making repairs to plumbing and preparing for Chancellors Picnic and look in tour.
- Regal Soccer: General Maintenance and Repair before next home game.
- Lindsey Nelson Stadium: General building Maintenance, and assistance with construction contractors.
- Football complex: Doing general maintenance and checking all areas for recruits and visitors.
- Sherri Lee Softball: General Maintenance and Repairs and preparing for fall Softball games.
- Allan Jones Aquatic: General Maintenance and Repair. Also making repairs from this past week TNAQ swim meet.
- Goodfriend Tennis: General Maintenance and Repairs for the upcoming tennis tournament.
- Thompson Boling Arena: General maintenance and repair and preparing for Volleyball season, Basketball practice, and concerts.

DINING

- Repaired walk-in freezer & hot well at Rocky Top
- Repaired rice cooker and cooler at the Student Union
- Repaired a steamer, coolers, and sinks at Stokely
- Repaired a walk-in cooler and freezer at Haslam
- Repaired a Turbochef oven at Mossman
- Repaired dishwasher at Anderson Training

Weekly continues on next page



ZONE 4

- A&A - worked on 4th floor men's restroom urinal & filter changes on 1st floor air handler
- Andy Holt - worked on AC unit in P1 119B and unclogged crossover floor drain
- Communications - worked on stairwell 3 lights and door knob in 463
- Student Services - changing lights and ballasts as need in 111 and 115
- McClung Tower - worked on ceiling tiles in 933 and a ceiling leak in 1215
- General maintenance throughout zone

ZONE 5

- Student Aquatics - making repairs, cleaning pool, cleaning machine rooms, replacing ceiling tiles throughout the building, and cleaning the Ice Maker
- Assisting customers on multiple on-demand work requests at HPER
- Hodges Library - replacing a motor in AHU -P1 for the second time in 2 months, making repairs in restrooms and to lighting
- We also replaced the motor in AHU #2, at Massey Hall we conducted a thorough walk through getting it ready for occupancy.
- DASH & Compliance Training
- On-demand work requests

ZONE 6

- New foreman break in!!
- Resuming LED project in Strong Hall.
- Addressing new limits in chillers and run times in air handlers.
- Working on team projects and getting away from single building mindsets.
- Moving forward with bigger and better ideas.

ZONE 7

- Dougherty: working on fan coil units throughout the building, and other ac related equipment.
- Ferris: fixing ac issues, because of 2 pipe system.
- Perkins Hall: fixing window ac units.
- Min Kao: working on non operating Lutron light components.
- SERF: assisting contractors with duct cleaning job.
- Zeanah: working on sinks and toilets throughout the building.
- Tickle: installing led retro-fit kits for the lighting fixtures throughout the building.
- Alumni: : Adjusting door closers and hinges, Replace ceiling tiles, replace Bulbs on Catwalk, trouble shoot problems through out zone, Go with fuel company to fill generators in zone 7, Helping others in the zone. More too.
- Walters Academic: getting the basement ready for new customers move in.
- Nielsen Physics: working on leaking sinks throughout the building.
- Dabney/Buehler: working on bathrooms throughout the building.
- Ayres Hall: fixing ac issues throughout some parts of the building.
- South College: replacing lights in telecom rooms.
- Hesler: working with interstate mechanical to fix an air duct issue in cold room that was converted over into a regular room

ZONE 8

- We have been working on exterior lighting throughout the zone.
- We have several roof leaks that need to be addressed and are awaiting Capital Projects approval.



ZONE 8 (CONTINUED)

- Our FS Afterhours Team (formerly One-Call) have been busy with calls afterhours to all areas of the campus.
- We replaced an exhaust fan motor in Central Greenhouse.
- We replaced a condensate sump pump at Central Greenhouse.
- We made condensate drain line repairs in McCord Hall.

LOCK & KEY SERVICES

- SMC – Fixed door handle
- McClung Tower – Fixed door lock
- Humanities – Fixed exit device
- Nursing – Fixed multiple locks
- Nursing – Switched out construction green cores for XZMAs
- Student Union – Fixed exit hardware
- Student Health – Fixed suite door locks
- Communications – Rekeyed lock
- Dabney Buehler – Swapped out multiple roof access to Construction Cores
- Perkins Hall – Swapped out Core and built five padlocks
- Plant Biotech – Rekeyed mullion
- Haslam Business – Rekeyed room
- Strong – Fixed locking mechanism
- Hess Hall – Multiple recores
- Clement Hall – Multiple recores
- Laurel Hall – Recores

- Hess Hall – Someone shoved staples into the core(students usually try and shove a paper clip or bobby pin after watching syndicated MacGyver episodes. No, you cannot pick the lock in this manner. You need professional tools and a skill set that takes years of practice to pick locks effectively). Dustin removed the staples with a key extractor and made the operable.
- Volunteer Condos – Rekeyed a suite of rooms
- Campus – Made the impossible very possible!

COMM & INFO

COMMUNICATIONS & DIGITAL ENGAGEMENT

- Send any photos of your work team that you'd like to see featured on FS social media directly to Sam at sjones80@utk.edu or 865-771-1531!

TRAINING

- Log into K@TE to complete your OSHA training as soon as possible for 2025. Compliance Training is live now and should be completed by the end of October. Conflict of Interest Disclosures are due by next Wednesday.

FS IT

- KRONOS to ADP migration meetings
- Computer upgrades to Windows 11
- Gameday Support
- Conference Room Support
- Recycling



UTILITIES SERVICES

A/C SERVICES

- Working on circuit 2 on the chiller at UTPD
- Replaced a cooling tower fan motor at Haslam
- Installed a coupler in the cooling tower at SMC
- Installing the chilled water valves at the Food City Center
- Rebuild the condenser pump for Chiller #2 at Plant Biotech
- Installed an oil heater at Chiller #3 at Plant Biotech
- Repair Chiller #1 at Mossman

A/C M&R

- Installed valves at Walters Academic
- Geier Hall- repair fresh air units on roof
- Robinson Hall- Repair fresh air units on roof
- Third Creek- Fixed refrigerant leak
- Hesler 607- repaired cooler
- 1525 University Ave- Repaired roof top unit
- A&A- Found bad exhaust
- Fab Lab- Repaired multiple units
- Boat House- Found fan running backwards
- Rocky Top- Searched for leak in refrigerant lines
- Plant Bio- Repaired air compressor
- Geier- RM 137 multiple issues
- Stokely Hall- Replaced bearings
- Allan Jones- worked on roof top units
- Traditions Deli- Repaired AC
- Walters- Removed refrigerant from cooler
- Stokely- Searched for leaks in Mini splits

HIGH VOLTAGE UTILITIES

- Marking & logging Tennessee 811's on campus.
- Pump manholes on campus
- Assisted contractors with pulling wire and terminations at Melrose
- Added new light at Large Animal Farm
- Pulling wire and making terminations at Lindsey Nelson Baseball

LOW VOLTAGE M&R

- Installing color-changing lights on Volunteer BLVD
- Installed new circulating pump power at Neyland Stadium
- Concord Shops Project
- Repaired Lights at Fraternity House
- Rainbird Project
- Repaired lights installed incorrectly at Hodges Library



FIRE ALARM GROUP

- Work on Food City Center fire watch list
- Parker McCollum Fire watch
- Fire alarm Beacon Hall East
- Fire alarm Beacon Hall West
- Fire alarm Hess Hall
- Fire alarm Fiber and composites
- Middlebrook Building Sprinkler test
- Adjust traffic signal Intersection of Joe Johnson and Volunteer
- Replace traffic signal green led module Intersection of Volunteer and Lake Loudon
- Adjust pedestrian crossing pole at intersection of Volunteer and Peyton Manning Pass
- Add door access for facilities employees
- Student Union Disable beam detectors for maintenance
- Thornton annual sprinkler inspection with Morristown
- Presidential Court Annual sprinkler inspection with Morristown
- Anderson training assist Chattanooga fire with shutdowns
- Ayers Hall annual sprinkler inspection with Morristown
- Middlebrook building annual sprinkler inspection with Morristown
- 1816 frat park replace damaged pull station
- Morrell Pump house Monthly fire pump churn with Morristown
- Fred Brown Monthly fire pump churn with Morristown
- Stokely hall Monthly fire pump churn with Morristown
- Rocky top dining Monthly fire pump churn with Morristown
- A&A Monthly fire pump churn with Morristown
- Vol Hall Monthly fire pump churn with Morristown
- TREC Monthly fire pump churn with Morristown
- Laurel Hall Monthly fire pump churn with Morristown
- Pi Beta Phi annual sprinkler inspection with Morristown
- Delta Gamma Fire alarm
- 1828 Frat park check leak on sprinkler system
- Hess Hall replace broken pull station
- Chi Omega dirty smoke head
- Min Kao Assist Morristown with sprinkler repairs
- Regal Soccer Monthly fire pump churn with Morristown
- Zeanah Monthly fire pump churn with Morristown
- Massey Hall Monthly fire pump churn with Morristown
- Anderson Training Monthly fire pump churn with Morristown
- Student Union Monthly fire pump churn with Morristown
- Burchfiel Monthly fire pump churn with Morristown
- Neyland Stadium West side Monthly fire pump churn with Morristown
- ANRB Monthly fire pump churn with Morristown
- Taylor Law Monthly fire pump churn with Morristown
- Science and Engineering Monthly fire pump churn with Morristown
- Dabney Hall Monthly fire pump churn with Morristown
- Vet School fire alarm
- Brehm rework hanger on sprinkler system
- Glazer 5 year sprinkler inspection with Morristown



PLUMBING UTILITIES

- Marking and logging 811's on campus and performed utilities GIS documentation (on going)
- Pumped steam vaults on Campus
- Hess Hall temporary hot water (on going)
- Paint, test, and flush all Fire Hydrants on campus (on going)
- Repaired sewer line at 1828 Fraternity Park
- 1816 fraternity park camera and jet sewer line
- Water and sewer for recycle trailer at Concord
- Cleared storm drain at Walters Academic
- Set up restroom trailers for gameday (will be ongoing through season)
- Weld in pipe for heat exchanger at HPER
- Concord water line installation
- Break down temporary boilers at Andy Holt chiller
- Repaired condensate leak in the vault in front of Zeanah Engineering Building
- Repaired control valve at Student Aquatics
- Repaired steam leak at McCord Hall
- Repaired steam leak in the Blueberry Hills vault.

PLUMBING M&R

- Unclogged the floor drain in Stokely Hall
- Repaired a Pex leak in women's bathroom at Geier
- Unstopped bathroom drains at Delta Gamma
- Unstopped sink at A&A
- Unstopped dishwashers drain at Chick-fil-A in the Student Union
- Repaired Leslie in the basement machine room at McCord Hall
- Replaces a condensate unit in the machine room at Auxiliary Services
- Repaired a leak in the ceiling above the wind tunnel lab at UT Drive Services

- Replaced a broken storm drain at the G-10 Parking Garage
- Unstopped a kitchen drain at Frieson Black Cultural Center

STEAM PLANT

- Check Fluids on all forklifts
- Walk around steam plant and fuel oil tanks checking for leaks
- Clean shop area and boiler room floors
- Continue to isolate #1 boiler for removal
- Monthly report
- Installed new strainer on condensate polisher system
- Worked on roof ventilation fans
- Repaired leak on safety relief valve on #5 boiler
- Cleaned off parking lot
- Repainted lines in parking area
- Going through steps for working on the new download activation- contacted IT for Assistance
- Setting up a meeting with Emerson John Hellencamp for activating TRECS Communicator
- Yokogawa training classes
- NEC, filter replacement for VFD & Control panel
- Research Information for Site -Glass for eye-Hye unit
- Boiler #1 Meeting
- Wiring switch
- Boiler # 5 Problem with FD Fan -Removed contactor, disassembled & removed contacts to clean
- Contacted Graybar for replacement contacts from Eaton.

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IN-HOUSE CONSTRUCTION

- Agriculture and Natural Resource Building: Display cabinet 219
- Andy Holt Tower: Light kits in doors on 7
- Art and Architecture: Demo, new sink 241C; Cabinet, demo, painting 321; Wall demo 425
- Austin Peay: Paint, carpet, furniture on 2, 3
- Auxiliary Services: Renovate 103
- Ayres Hall: monitor 312
- Bailey Education: Paint, carpet, etc. A401A ; Multiple room carpet/paint/shades
- BESS Office Bldg: Paint and flooring 101 and 103
- Burchfiel Geography: Paint 207, 208
- Business Incubator: Panic buttons 201, 216
- Campus: Support for dining operations; Sidewalk repair; 2025 classroom renovations; TCE lab renovations in various buildings; Parking lot 2001 Lake Ave.
- Cherokee Mills: Move new folks in- Shared Services, Ed Research; Business
- Claxton Education: Paint, flooring, other renovations on 1st floor; Cubicle changes 338 and 344
- Communications: Renovate 001-017, 250/251, 294/295, 333 and 420; HVAC for WUOT 299I; Soundproof doors WUOT; Paint 107V; New clocks for corridors; Paint, carpet, cubicles 457; Paint and carpet 268 and 434
- Dabney Buehler: Lab renovation 209-214; Sink and cabinets 671; Nitrogen piping
- Delta Tau Delta; Tuckpointing and brick repair
- Dougherty Engineering: New sink 301; Paint and carpet 312; Hang a plaque outside 602
- ELC: Gate to playground ramp; Rebuild wood deck in playground; Fill in opening in restrooms
- ETREC Johnson Animal: Replace 2 blue phones; Construct dog park; Repair kennel floor
- Ferris Hall: Renovate rooms on 2, 3, 4, 5 for TCE
- Fred Brown: Paint walls, stairways, etc.
- HPER: Various renovations for Capital Project; Refinish tennis courts
- Haslam Business Building: Renovate 418 Anderson Center; Renovate 320; Install backbox, electric and mount for monitor 334; Digital signs in corridors
- Haslam Music: renovate 312 and 313
- Hesler Biology: Renovate 606, 608, 609; Install emergency electric for greenhouses
- Hess Hall: Work in Dippers
- Hodges Library: Renovate 171 for Census Bureau
- Innovation South: Electric connections for equipment
- Jessie Harris: Minor renovations suite 115; paint, etc. 329
- Law Complex: Offices, conference rooms 212; Exterior signage, stone engraving
- McClung Tower: Paint and carpet 707, 1121, 1101B, 5031101A, 1102, 1116B and C, 1008; Electric 1006
- McCord Hall: Floors in hallways; Renovate G055, 111 and 112
- Min Kao Engineering; Paint, monitor power 423
- Morgan Hall: Panic buttons 101; Paint 204, etc.
- Mossman Building: Renovate labs 343 E & F, 351 E & F; Labware washer 620F; Casework 541; Install humidity system 120C
- Nielsen Physics: Renovate 407
- NEB: Move new folks in-CGE, Honors, Undergraduate Research
- Perkins Hall: Floors in hallways; Electric for refrigerator
- Plant Biotech: Controls for growth chamber B015
- Reese Hall: Work for compactor
- Rocky Top: Dining renovations
- Senter Hall: Electric for equipment 101

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IN-HOUSE CONST (CONT.)

- SERF: Renovations for 103, 106, 108, 213; lab renovations 520 and 536; lab renovations 434, 438, 439; Lab renovations for cluster hires; Paint and carpet 101A & Q
- Sorority Village: Install turnstile
- Stokley Hall: Paint interior of building
- Stokely Management Building: Ramp in G4; Renovate restrooms on 7; New electric circuit 423A
- Strong Hall: Lab work 726A1
- Student Aquatic Center: Safety handles around pool pump motor pit; Electric for pool systems; Grout pool tile
- Student Health: Panic buttons 121A, B, C
- Student Services: Electric for monitor 111K
- Student Union: Dining renovations
- Tickle Engineering: Renovations for robotics lab A100; Build 3 offices in 502
- Vet Med Center: Add a blue phone; Renovate lab A335
- Vol Hall: Dining renovations
- Walters Academic: Renovate A203 for storage
- Zeanah Engineering: Card reader\ Add access controls for 8 rooms; Lab renovations for cluster hires; Rad exhaust and moving hoods 1 and 2; Electric and exhaust for freezers; High pressure air 110
- Zeta Tau Alpha: Carpet Directors suite



By Jeremy R. Abbott
OH&S Magazine Sep 15, 2025

As daylight hours decrease and routines shift, employees face higher risks of fatigue, mood changes, and reduced alertness. Employers who proactively address seasonal challenges can improve safety, morale, and productivity throughout the fall and winter months.

As summer fades and daylight hours shorten, many workplaces notice a shift in energy and mood among employees. The transition to fall and winter can bring cooler temperatures, earlier sunsets, and changes in daily routines. While these seasonal changes may seem minor, they can have a significant impact on both mental health and physical safety.

Employees may experience fatigue from reduced daylight, changes in sleep patterns, or increased commuting in darkness. Others may struggle with mood changes or even symptoms of Seasonal Affective Disorder (SAD). For employers, understanding and addressing these seasonal challenges is an important part of keeping teams safe, healthy, and productive.

The Link Between Seasonal Changes, Mental Health, and Fatigue

Human biology is deeply connected to natural light. Reduced daylight can disrupt circadian rhythms, the body's internal clock that regulates sleep and wake cycles. This disruption can lead to difficulty falling asleep, poor sleep quality, and increased fatigue during waking hours.

Seasonal changes can also affect mood. Some employees may experience mild "winter blues," while others may face more significant challenges such as SAD. These mood shifts can impact concentration, decision-making, and overall job performance. Fatigue and reduced alertness increase the risk of workplace accidents, particularly in safety-sensitive environments.

Common Workplace Risks During Seasonal Transitions

When mental health and fatigue issues go unaddressed, several risks may emerge, including:

- **Slower Reaction Times:** Fatigue reduces alertness, increasing the likelihood of errors or delayed responses in high-risk situations.
- **Reduced Situational Awareness:** Lower energy and focus can make employees less aware of hazards in their environment.
- **Increased Absenteeism:** Mental health challenges or poor sleep can lead to more sick days and unplanned absences.
- **Higher Incident Rates:** Data shows that fatigue is linked to a higher rate of workplace injuries, especially in physically demanding jobs.



Understanding these risks allows employers to implement strategies that protect their workforce during seasonal changes.

Strategies to Support Mental Health and Reduce Fatigue

1. Encourage Open Communication

Employees should feel comfortable discussing mental health and fatigue concerns without fear of stigma or reprisal. Supervisors can normalize these conversations by checking in with their teams and providing information about available resources.

2. Adjust Work Schedules When Possible

If operational needs allow, consider flexible start times to help employees get adequate rest. For shift workers, rotating schedules in a way that minimizes disruption to circadian rhythms can make a significant difference.

3. Promote Healthy Sleep Habits

Educational materials on sleep hygiene can help employees improve rest. Tips include keeping a consistent bedtime, reducing screen time before bed, and creating a quiet, dark sleeping environment.

4. Maximize Natural Light Exposure

Encourage employees to take breaks outside during daylight hours. For indoor spaces, position workstations near windows when possible and consider using full-spectrum lighting to help mimic natural light.

5. Offer Mental Health Resources

Employee Assistance Programs (EAPs), counseling services, and wellness programs should be highlighted, especially during seasonal transitions. Providing access to these resources can help employees address challenges early.

6. Promote Physical Activity

Regular exercise boosts mood, energy levels, and overall health. Offering walking groups during lunch breaks, fitness challenges, or on-site classes can encourage movement.

Leadership's Role in Seasonal Awareness

Supervisors and managers play a key role in recognizing early signs of fatigue or mental health struggles. This may include changes in appearance, decreased productivity, withdrawal from coworkers, or an increase in minor mistakes. Addressing these concerns early can prevent more serious issues from developing.